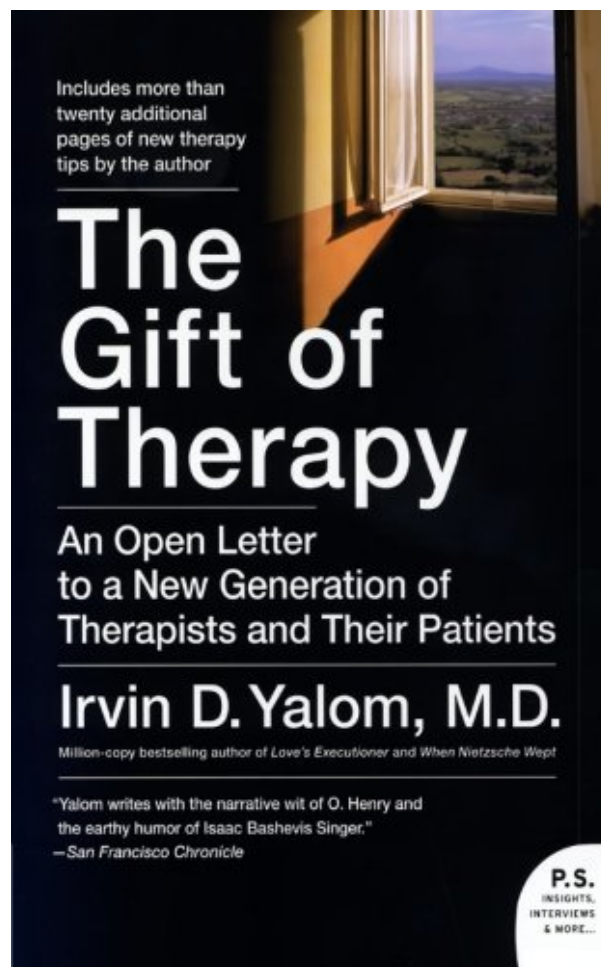
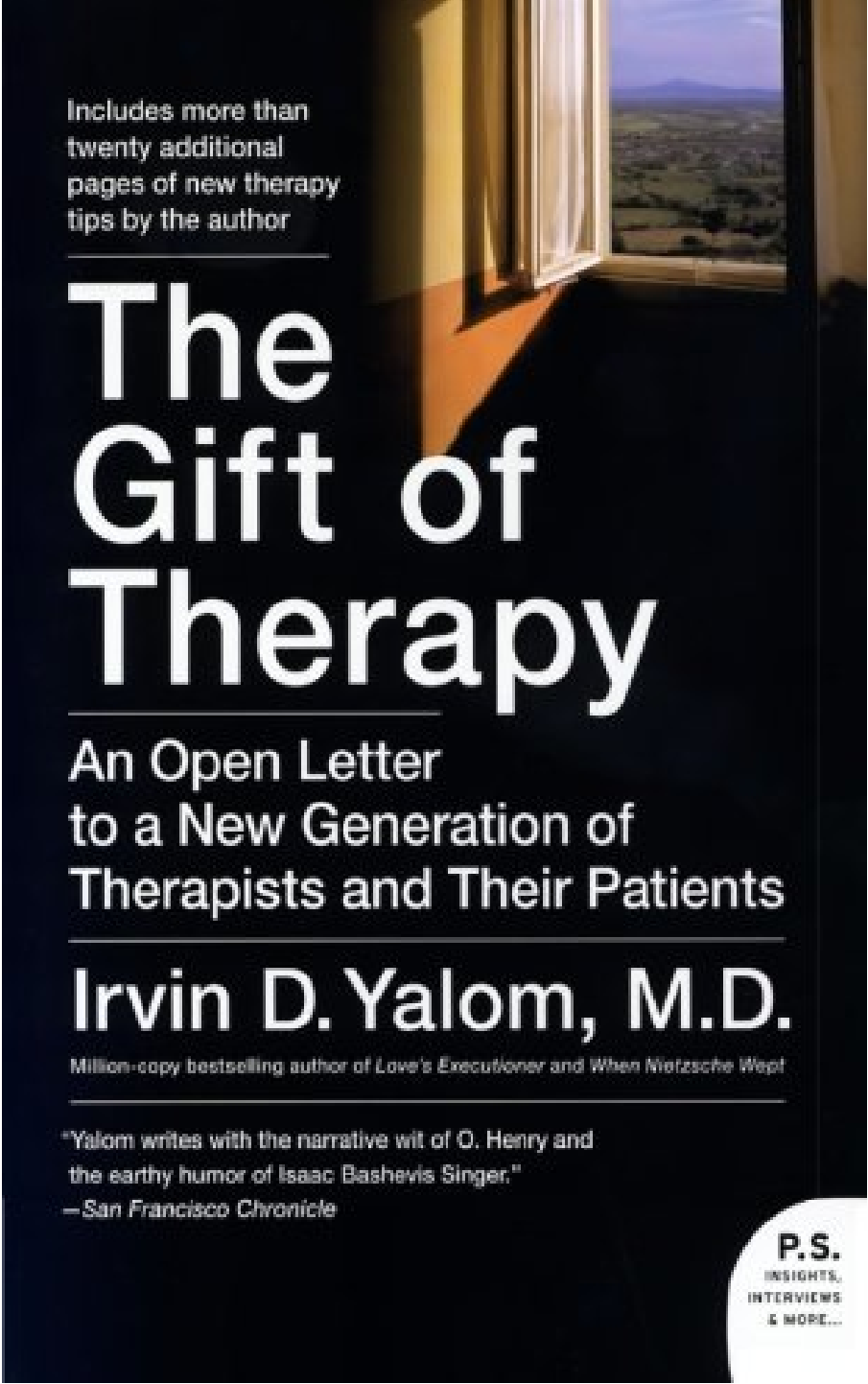


THE GIFT OF THERAPY: AN OPEN LETTER TO A NEW GENERATION OF THERAPISTS AND THEIR PATIENTS BY IRVIN YALOM



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The Gift of Therapy

An Open Letter
to a New Generation of
Therapists and Their Patients

Irvin D. Yalom, M.D.

Million-copy bestselling author of *Love's Executioner* and *When Nietzsche Wept*

"Yalom writes with the narrative wit of O. Henry and
the earthy humor of Isaac Bashevis Singer."

—*San Francisco Chronicle*

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Review

“[Yalom’s] wise ideas are perfectly accessible.” (Publishers Weekly)

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From the Back Cover

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About the Author

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The culmination of master psychiatrist Dr. Irvin D. Yalom's more than thirty-five years in clinical practice, *The Gift of Therapy* is a remarkable and essential guidebook that illustrates through real case studies how patients and therapists alike can get the most out of therapy. The bestselling author of *Love's Executioner* shares his uniquely fresh approach and the valuable insights he has gained—presented as eighty-five personal and provocative “tips for beginner therapists,” including:

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This was required reading for a psychotherapy class that I took, but I would have enjoyed reading it either way. The chapters were short, the language was easy, and the writing felt very intimate. I found it infinitely interesting to hear about the experiences of someone who has practiced psychotherapy for so long, there were many things I would have never even considered - either as patient or therapist. This is definitely a book I plan to keep near by throughout the remainder of my coursework and hopefully into my own practice.

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