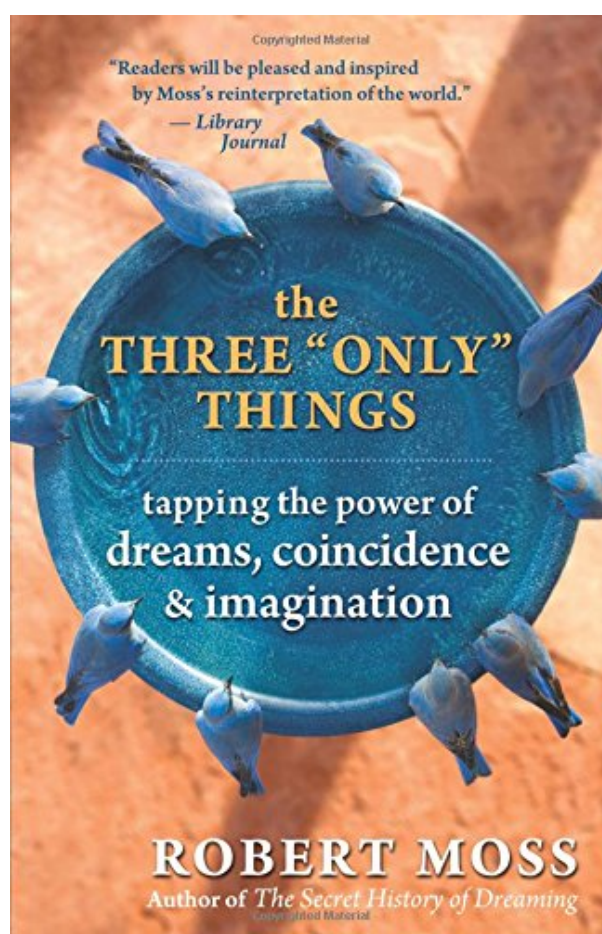
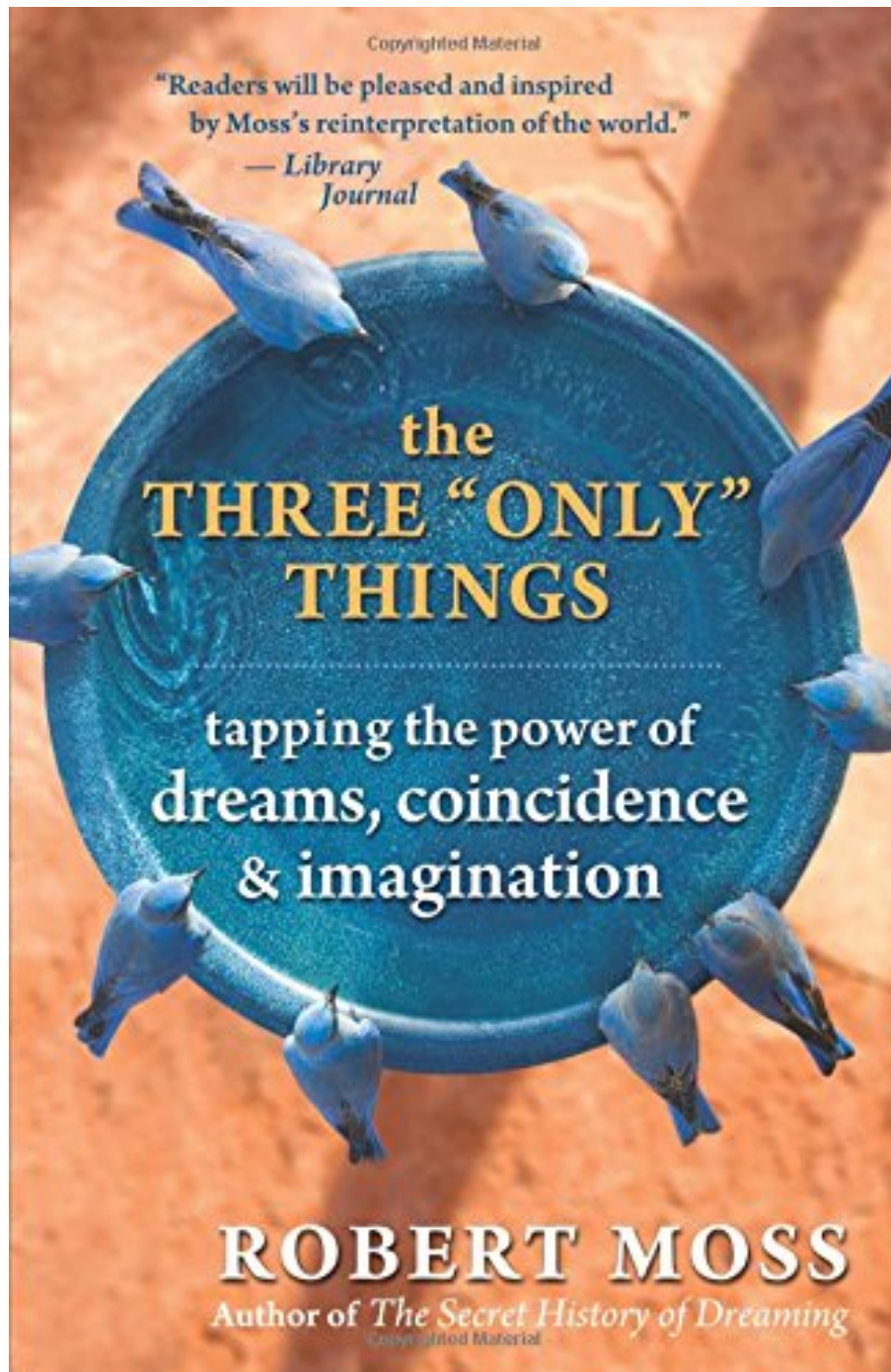


# THE THREE "ONLY" THINGS: TAPPING THE POWER OF DREAMS, COINCIDENCE, AND IMAGINATION BY ROBERT MOSS



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Journal*

the  
**THREE "ONLY"  
THINGS**

tapping the power of  
dreams, coincidence  
& imagination

**ROBERT MOSS**

Author of *The Secret History of Dreaming*

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## Review

“Readers will be pleased and inspired by Moss’s reinterpretation of the world.”

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“What Robert Moss does — again and again and with such clarity and greatness of heart — is remind us that magic is a breath away and that everyone has the capacity to tap into the heritage that is truly ours.”

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“Robert Moss, a great storyteller and master of the practical, shows us how to reclaim a wider dimension of life. In our demanding, challenging world, we ignore this book’s vital message at our peril.”

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## About the Author

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**The Three "Only" Things: Tapping The Power Of Dreams, Coincidence, And Imagination By Robert Moss.** In undertaking this life, many individuals always attempt to do and obtain the best. New expertise, experience, session, and also every little thing that could boost the life will certainly be done. Nevertheless, many individuals sometimes really feel confused to obtain those things. Feeling the minimal of encounter and also sources to be far better is one of the lacks to have. Nonetheless, there is a quite simple point that could be done. This is what your educator consistently manoeuvres you to do this one. Yeah, reading is the solution. Reading a book as this *The Three "Only" Things: Tapping The Power Of Dreams, Coincidence, And Imagination By Robert Moss* and other recommendations could enhance your life quality. How can it be?

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Have you ever said something was only a dream, only a coincidence, or only your imagination?

In this book you'll discover that these "only" things can be keys to finding and living your bigger story. You'll learn to tap into the nine powers of dreaming, the nine rules of coincidence, and the seven uses of imagination. You'll be inspired by stories of how innovators and world changers have used these gifts, and you'll learn wonderful games to help you access your intuition, heal yourself, and bring juice to your everyday life. When we claim the power of the Three Only Things, we reclaim tools that are profoundly simple yet have the power to remake our lives and the world.

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#### Most helpful customer reviews

10 of 10 people found the following review helpful.

A good simplified version of Moss' *Conscious Dreaming*

By M. T. Crenshaw

The three things that will make a difference in your life are dreamwork, synchronicity (or mindful coincidence) and Active Imagination (Visualization), and these are the three things that Moss analyses in this book.

Moss offers plenty of examples coming from his own oniric world and from other people's dreams, as well as plenty of historical anecdotes and curious information about the transforming power of dreams, synchronicity and imagination in people's lives.

I especially liked his how-to step by step of dream interpretation, asking the world for an answer on a pressing query you need advice on, dream reentry, oracle playing, and other practical techniques to work with active/creative imagination, all of them very simply explained and entertaining. I also loved his comments on the Muslim dream culture and on how to treat children when they mention a dream.

The book reads with gusto, it is entertaining, easy to follow and well organized. If you have read Moss' *Conscious Dreaming* or other of his older books, this book will disappoint you, as he repeats many of the things he said there. However, if this is the first book you read by Moss, you will enjoy it and probably buy some others. This is a book perfect for beginners in dreamwork. The bibliography is comprehensive and up to date.

The book revolves about the following statements:

#### 1/ The 9 Powers of Dreaming

We solve problems in our sleep. - Dreams coach us for future challenges and opportunities. - Dreams hold up a magic mirror to our actions and behavior. - Dreams show us what we need to do to stay well. - Dreams are a secret laboratory. - Dreams are a creative studio. - Dreams help us to mend our divided selves. - Dreaming is a key to better relationships. - Dreams recall us to our larger purpose

#### 2/ The 9 Rules of Coincidence

There are things that like to happen together - Thoughts are actions and produce effects  
Coincidence multiplies when we are in motion - Life rhymes. - The world is a forest of symbols. - Every setback offers an opportunity. - To find our way, we may need to get lost. - Look for the hidden hand. - The passions of the soul work magic.

#### 3/ The 7 Open Secrets of Imagination

By picturing our blocks, we can move beyond them. - The body believes in images.

If we can see our destination, we are better than halfway there. - The Big Story is hunting us.

There is a place of imagination, and it is entirely real. - We can grow a vision for someone in need of a vision. - The stronger the imagination, the less imaginary the results.

On the downside, this book is severely affected by linking words that should be separated, as if the electronic conversion of the book had eliminated some of the necessary spacing. And this is a bother for the reader. This problem could be easily fixed in the ebook, and I hope it is.

2 of 2 people found the following review helpful.

Inspiring, fun, and educational

By Anna Meadows

I am only halfway through this book, but I can tell you right now that I will be ordering more of Robert Moss's works. I have been reading -- and working -- metaphysical and occult material for 16+ years. This is one of the most entertaining and inspiring reads I've come across. I have not done much with dreamwork and wished to find something to get me started. I picked this based on the recommendations Mr. Moss gives on his website. The book gives just enough "try this" and "how-to's" to get you started on working with your dreams -- but the fun and inspiration come from the many anecdotes and stories about the role that dreams and synchronicities have played in the lives of ordinary people as well as famous artists, scientists, politicians, etc. I am actually making use of the Kindle highlight feature - something I've never bothered doing. I'm thinking about giving this book as a gift to several friends.

6 of 6 people found the following review helpful.

Faith, Hope and Love, plus Reason, Wisdom and Experience

By F. Kostella

Robert Moss has spent decades investigating the great landscapes of dreaming and imagination and has devoted countless hours devising new techniques for bringing us closer to our authentic selves. I would, without reservation, recommend all of his books to those interested in working with dreams and other imaginal elements of their lives, but I believe that 'The Three "Only" Things' is the best introduction to his ideas about how to empower ourselves and expand our horizons. The "only" things, in case you didn't catch it are: "only" dreams, "only" coincidence and "only" imagination, but in Robert Moss's view, these easily overlooked aspects of our experience should be examined and utilized to expand our ideas of who and what we are. They should be used as a path to our higher selves and higher aspirations and also used as tools for navigating the complexities of our real lives. He does not advocate that we surrender our reason or abandon our will or faith, but that we expand our faculties by using these "only" things in tandem with our faith, hope and love, and our reason, wisdom and experience. In fact, the key to this approach, as I see it, is to deepen our faith and understanding and to thereby improve the quality of our lives.

I think this is best illustrated by an example. I once worked at a small company and one of the managers, who was not in my department, kept appearing in workplace dreams of mine. At some point I noticed the anomaly of it and began to ponder why she was appearing. I eventually discerned that in her role as CFO she had been making great efforts to improve the pay and benefits for all employees and had worked hard opposing policies that would arbitrarily restrict employees from creating new opportunities and expand their abilities. She was getting no credit for her efforts, so one day, using my dreams as the starting point, I foolishly went into her office and thanked her for all she had done for me and my peers. Her jaw dropped as nobody had ever bothered to thank her for her efforts and we then had a long talk about what she had been doing and why. It was a good moment for both of us and years later, after we had both left that company, we keep in touch and now give each other help and advice from our respective areas of expertise. If it had not been for those dreams I would never have brashly walked into her office and thanked her and would never have formed that friendship. They were "only" dreams, after all, but they not only helped me in my career, but socially I formed a good friendship, and spiritually I learned about thanks-giving. And I didn't abandon myself to something or go against my reason or my spirituality. The dream came from some source inside of



the me and the effect was positive in every way, except perhaps for my momentary embarrassment at exposing my inner life to a stranger. This beautiful, lovely quality of expanded possibility is something I wish for all of us. Can you doubt the source of these "only" things when love and joy fill your life?

In this time of chaotic events and big changes all over the world it is important for all of us to try to become something greater than what we are. To live more fully, to be more courageous, to be more compassionate, to expand what we believe we are and get beyond the fears and restrictions that keep us from being happy and enjoying life and the lovely great show taking place all around us. I can't think of a better way to start doing that than to pay attention to the three "only" things, and I can't think of a better introduction and guide to those things than this book.

See all 67 customer reviews...

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